

OUTPER4ORM



Tis the season to be merry...or is it?

The office Christmas party has always offered a great opportunity to share the joy of the season and increase employee bonding. However, I'm sure that some of us have also encountered (or been told about) the team member who had one drink too many and finally said what they really thought about their boss, or the co-workers who truly got to know each other after losing their inhibitions!

It can be the after-effects of the party that some remember most, with the breakdown of interpersonal relationships being one of a number of things that can follow the festivities.

Question marks are therefore rightly being asked as to whether Christmas parties are still worth the spend. It is the opinion of 44 Benefit Solutions that they are, however it may now be time to start looking at how you organise and run these events.

We should not lose sight of the fact that although Christmas is a time of celebration, it is also a time of excess. Offering an activity-based party therefore ties in nicely with this and your wellness agenda.

This will help give the party a new lease of life, create some fun and competition and help to burn off some of the alcohol consumed during the evening, along with that third helping of Christmas pudding!

Ideas can include things as simple as Sing a long (and dress up) events, through to Bubble Football, 80s Christmas Dance Party, or even a Loos of London Tour. Better still, ask your employees to choose from a list of activities to encourage engagement.

It's your opportunity to help employees move with the times this Christmas.

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